

**ACP** AMERICAN COLLEGE OF PHYSICIANS  
INTERNAL MEDICINE | *Doctors for Adults*



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

## **2004 U.S. Navy Chapter Scientific Meeting**

**October 7, 8, and 9, 2004  
Renaissance Portsmouth Hotel  
Portsmouth, VA**

**The Navy Internist: Clinical and  
Professional Development**

## U.S. Navy Chapter Meeting Highlights

- **Internal Medicine in the Desert Environment**
- **GTMO Experience: Camp Delta**
- **Associate Presentations**
- **College Update by Jamie S. Barkin, MD, FACP, Regent**
- **Obesity: The Neglected Problem**
- **Metabolic Memory Counts in the Treatment of Diabetes**
- **Time Management for Residents**
- **The Emergence of the Hospitalist Movement**
- **Medical Jeopardy**
- **New Horizons in Vitamin D Management**

**This educational activity has been approved for 15.5 CME credits.**

### Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the U.S. Navy Chapter of the American College of Physicians, being held October 7–9, 2004, at the Renaissance Portsmouth Hotel.

*This meeting is not just for ACP members.*

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning 15.5 CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.
- Take some time for yourself or with your family to relax and enjoy the sights around Portsmouth and the Tidewater Area.

Between scientific sessions, please visit the College display, where a member of the Headquarters staff can provide information on new ACP programs, products, and services. Come see the latest offerings from the Books program, sample PIER, and take this opportunity to order MKSAP 13. The Staff Representative is prepared to help you take a tour of the College Web site, try out the electronic product offerings, and view your listing on Member Connection. There's always something new at the College display. Stop by and see for yourself.

To ensure your place at this invaluable meeting, register by logging onto [www.hjf.org/events/index.html](http://www.hjf.org/events/index.html). Scroll down to 11th Annual Navy ACP and click on "More Information." Choose the "Attendee Registration" tab. The opportunities available at this meeting will help you meet not only your needs as a physician, but also the needs of the patients you serve.

I look forward to seeing you in Portsmouth.

Sincerely,

**CAPT Walter J. Coyle, MD, MC, USN, FACP  
ACP Governor, U.S. Navy Chapter**

P.S. Jamie S. Barkin, MD, FACP, a Regent of the ACP, will attend this meeting to talk about College-related issues from the national perspective. *This is a good chance to make your voice heard by ACP leadership—register today to reserve your seat.*

# Scientific Program and Special Events

## The Navy Internist: Clinical and Professional Development

### Thursday, October 7

**1200 Registration**

**1300 Welcome Address**  
Commanding Officer  
NMC Portsmouth

**1315 Internal Medicine in the Desert Environment**  
LCDR Jeffrey Winebrenner, MD, MC, USN

**1345 GTMO Experience: Camp Delta**  
LCD Jeffrey W. Timby, MD, MC, USN, FACP

**14:15 The Fighting Docs**  
CDR Mark Fontana, MD, USN

**15:00 Break**  
Visit Posters and Exhibits

**1530 Expanding Role of Capsule Endoscopy**  
Jamie S. Barkin, MD, FACP

**1615 Associate Poster Presentations Wine and Cheese Hors D'oeuvres**

**1730 Welcome Reception**

### Friday, October 8

**0700 Continental Breakfast**

**0730 Welcome Revitalizing Internal Medicine**  
CAPT Walter J. Coyle, MD, MC, USN, FACP

**0800 Obesity: The Neglected Problem**  
Margaret MacKrell Gaglione, MD, FACP

**0845 Associate Podium Presentations (4)**

**0945 Break**  
Visit Posters and Exhibits

**1015 Metabolic Memory Counts in the Treatment of Diabetes**  
Aaron I. Vinik, MD, PhD, FACP

**1115 Internal Medicine Specialty Leader Update**

**1130 Detailer Briefing**

**1145 Associate Lunch**  
CDR Christopher M. Culp, MD, MC, USN, FACP

### Plenary Sessions

**1300 Military Promotions**  
CDR Tammy N. Nathan, USN

**1345 Faculty/ACP Promotions**  
MAJ Paul A Hemmer, MD, MC, USAF, FACP

### Breakout Sessions

**1300 Patient Physical Exam Findings**  
Student Associates

**1345 Time Management for Residents**  
Donald W. Brady, MD

**1430 Break**  
Visit Posters and Exhibits

**1445 Associate Podium Presentations (4)**

**1545 Associate Poster Presentations Desserts Enticement**

**1800 Ferry to Waterside, Norfolk**

### Saturday, October 9

**0700 Continental Breakfast**

**0730 ACP College Update**  
Jamie S. Barkin, MD, FACP

**0800 Town Hall Meeting**

**0830 Community-Acquired Pneumonia in an Era of Emerging Infections**  
Christopher A. Ohl, MD, FACP

**0930 Break**  
Visit Posters and Exhibits

**1000 Associate Podium Presentations (4)**

**1100 New Horizons in Vitamin D Management**  
Michael F. Holick, MD, PhD

**1200 Council Luncheon**

**1330 Medical Jeopardy**

**1400 The Emergence of the Hospitalist Movement**  
William D. Atchley, MD, FACP

**1500 Break**  
Visit Exhibits

**1515 Improved Patient Care Through Malpractice Protection**  
Robert K. Dowd, LLM, JD

**1615 Break**

**1930 Cocktail Reception**  
Renaissance Hotel

**2030 Awards Dinner**

## Faculty

**William D. Atchley, MD, FACP**, Medical Director, Hospitalist Services, Sentara Careplex Hospital, Hampton, VA

**Jamie S. Barkin, MD, FACP**, Regent; Professor of Medicine, University of Miami; Chief, Division of Gastroenterology, Mt. Sinai Medical Center, Miami, FL

**Donald W. Brady, MD**, Associate Professor of Medicine, Emory University School of Medicine, Decatur, GA

**CAPT Walter J. Coyle, MD, MC, USN, FACP**, Governor, U.S. Navy Chapter, ACP; Associate Professor of Medicine, Uniformed Services University of the Health Sciences; Chief, Division of Gastroenterology, Naval Medical Center, San Diego, CA

**Robert K. Dowd, LLM, JD**, National Medical Foundation for Asset Protection, Provo, UT

**CDR Mark A. Fontana, MD, USN**, General/Bariatric Surgeon, Naval Medical Center, Portsmouth, VA

**Margaret MacKrell Gaglione, MD, FACP**, Associate Professor of Medicine, Uniformed Services University of the Health Sciences, Naval Medical Center, Portsmouth, VA

**LtCol Paul A. Hemmer, MD, MC, USAF, FACP**, Associate Professor of Medicine, Director, Third-Year Internal Medicine Clerkship, Uniformed Services University of the Health Sciences,

**Michael F. Holick, MD, PhD**, Professor of Medicine, Physiology and Biophysics, Director, General Clinical Research Center, Director, Heliotherapy, Light and Skin Research Center, Boston University Medical Center, Boston, MA

**CDR Tammy N. Nathan, USN**, Deputy Director, Center for Naval Leadership, Naval Amphibious Base Little Creek, Norfolk, VA

**Christopher A. Ohl, MD, FACP**, Assistant Professor of Medicine, Director, Center for Antimicrobial Utilization, Stewardship and Epidemiology, Wake Forest University School of Medicine, Winston-Salem, NC

**LCD Jeffrey W. Timby, MD, MC, USN, FACP**, Associate Professor of Medicine, Uniformed Services University of the Health Sciences, Naval Medical Center, Portsmouth, VA

**Aaron I. Vinik, MD, PhD, FACP**, Professor of Medicine, Pathology and Neurobiology, Director of Research Strelitz Diabetes Institutes, Eastern Virginia Medical School, Norfolk, VA

**LCDR Jeffrey Winebrenner, MD, MC, USN**, Assistant Professor of Medicine, Uniformed Services University of the Health Sciences, Naval Medical Center, Portsmouth, VA

## Evergreen Award

The Evergreen Program was created in 1993 by the College to recognize and reward outstanding chapter efforts. The Evergreen Program provides visibility to those chapters that have been successful in implementing programs that increase member communication and involvement.

Each year all chapters are invited to nominate their own programs and to provide details on the goals of the program, how it was implemented, and what the results were. The Chapter Subcommittee has the difficult task of selecting a small group of chapters, which are recognized nationally and locally for their achievements.

We are excited to announce the 2004 Evergreen Award will be presented to our Chapter by Jamie S. Barkin, MD, FACP, for "Bringing the Internist to the Student" at the Awards Dinner on Saturday, October 9, 2004.

**If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M-F, 9 a.m.-5 p.m. ET).**

## Associates' Activities

Clinical Vignettes and research papers prepared by Associates will be presented at the meeting. Winners will be eligible for entrance into the national competition held at Annual Session in San Francisco in 2005. Contact CDR Dominick Rascona at 757-953-2079 or LCDR Kevin Sumption at 757-953-1301 for information about entering an Associates' Competition. On Friday there is a lunch for the Associates.

## Laureate Award

It is with distinct pleasure that the U.S. Navy Chapter presents this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The Award will be presented during the Awards Dinner on Saturday, October 9, 2004.

## Who Should Attend

- General Internists
- Subspecialty Internists
- Family Practitioners
- Fellows in Subspecialty Training
- Residents (Internists in Training)
- Medical Students Interested in Internal Medicine

## Chapter Excellence Award Winner

We are pleased to announce that our Chapter is in receipt of the 2003 Chapter Excellence Award. The Chapter Excellence Award recognizes those chapters that excel in reaching the standards for managing a chapter, such as communicating to members, instituting Medical Students' and Associates' activities, and advancing and recruiting members. A Chapter Excellence certificate will be awarded to the Chapter at the meeting by the College Representative.

## Pathways to Fellowship

Attendance at chapter meetings can help all ACP members in meeting the qualifications for advancement to Fellowship. It is especially important for those applying under that pathway that calls for 5 years of activity as a Member.

## Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Appreciate internists' role in wartime, including fleet hospital operations.
- Discuss the operational medicine experience during Operation Iraqi Freedom.
- Understand the new technology available through capsule endoscopy.
- Review a practical approach to managing obesity in the outpatient setting.
- Examine the aggressive use of insulin in type 2 diabetes mellitus.
- Discuss career options for U.S. Navy internists with the U.S. Navy detailer for internal medicine and medical subspecialties.
- Discuss and apply the promotion process in the military and academic settings.
- Review the updates in community-acquired pneumonia.
- Appreciate the vast importance of vitamin D deficiency and its implication in our practice of medicine.
- Discuss trends in the role of the hospitalist for managing inpatient internal medicine patients.
- Illustrate the importance of asset and lawsuit protection for physicians.

## CME Accreditation

The American College of Physicians is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American College of Physicians designates this educational activity for a maximum of **15.5 category 1 credits** towards the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

## Staff Representative

A member of the College staff will be on hand during the chapter meeting and will be prepared to answer questions about the College; provide liaison to the various departments in Philadelphia; and will display and sell College products, programs, and services.

## Hotel Accommodations

We have reserved a block of rooms at the following rates until September 7, 2004. When making your reservation, be sure to mention that you will be attending the ACP U.S. Navy Chapter meeting.

Single/Double: \$109.00

Renaissance Portsmouth Hotel and Waterfront Convention Center  
425 Water Street  
Portsmouth, VA 23704

The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 757-673-3000.**

## Directions

- After exiting the Norfolk International Airport, you will be on Norview Avenue. Take Norview Avenue to I-64 East to I-264 West towards Downtown Tunnel/Portsmouth. Proceed through the Downtown Tunnel and take the 1st exit immediately after the tunnel (Exit #7). Bear right onto Crawford Street, following signs to Downtown Portsmouth. Bear left to stay on Crawford Street. Make a right onto Water Street. The hotel will be on the left.

## Area Interests

For family and friends, there is much to see and do in the Portsmouth area, including:

- Play a round of golf
- Go to the beaches and marinas
- Visit Olde Towne and tour the museums and art galleries
- Take the ferry to Norfolk

Additional information on Portsmouth is available on-line at [www.portsmouth.va.us/tourism/](http://www.portsmouth.va.us/tourism/).

## How to Register

- If you need more information on the meeting, please contact LCDR Patrick W. Clyde, MD, MC, USNR, at 757-953-2117 or [pwclyde@mar.med.navy.mil](mailto:pwclyde@mar.med.navy.mil).
- For information on College-related issues, contact the U.S. Navy Chapter Governor, **CAPT. Walter J. Coyle, MD, MC, USN, FACP**, by telephone at 858-536-9036 or e-mail to [waltcoyle@aol.com](mailto:waltcoyle@aol.com).
- To register for the meeting, go to: [www.hjf.org/events/index.html](http://www.hjf.org/events/index.html), which will take you to the Henry M. Jackson Foundation Web site for events. Scroll down to 11th Annual Navy ACP and click on "More Information." Choose the "Attendee Registration" tab.
- There is an additional \$20 fee for registering onsite at the meeting—save money by registering now.
- To access our ACP Online meeting information go to [www.acponline.org/cme/regmtg/regional.htm](http://www.acponline.org/cme/regmtg/regional.htm).
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at the number listed above.

## Awards Dinner

**\$50 per person ticket required.** If you plan to attend please make a check payable to **ACP Navy Chapter** and mail to:

**Attention: Marsha Anderson**  
Department of Internal Medicine  
620 John Paul Jones Circle  
Portsmouth, VA 23708

For questions about the Awards Dinner payment, please call Marsha at 757-953-2361

**American College of Physicians  
U.S. Navy Chapter Scientific Meeting  
October 7, 8, and 9, 2004**

Registration fee includes continental breakfast, lunch, all scientific sessions and materials, and a CME certificate.

**ACP Categories**

- Master, Fellow, Member \$75.00
- Associate (Resident Members) No Fee
- Medical Student Member No Fee

**Non-ACP Categories**

- Nonmember Physician \$95.00
- Allied Health Professional \$95.00
- Resident No Fee
- Medical Student No Fee

Log onto [www.hjf.org/events/index.html](http://www.hjf.org/events/index.html), which will take you to the Henry M. Jackson Foundation Web site for events. Scroll down to 11th Annual Navy ACP and click on "More Information." To register, choose the tab "Attendee Registration" and fill in the prompts.

**Questions? Please call Patty Shipley at 757-953-3149.**

We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the U.S Navy Chapter in writing at the above address at least 30 days before the meeting. We'll be glad to help.

